

Grade 4 PE

Adventure Challenge: Formative Assessment



By: Alyssa

What is Adventure Challenge?

Adventure challenge is a team challenge that requires trust, communication, and an open-mind to succeed.

In a more detailed description, adventure challenge is a game/challenge that teams either work together to achieve one goal together, or compete against each other on which team works better together.

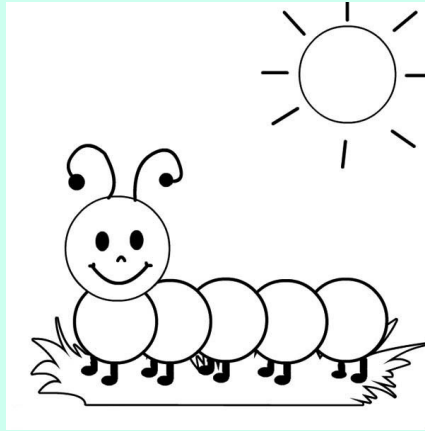
Overall, adventure challenge is a team challenge. So to do well, your team needs to work together like one person.

Examples



Cart

This game requires lots of trust, because the cart (1 person) is blind-folded.. The cart moves by the driver (another person) guiding it. The cart needs to trust the driver. The driver also needs to communicate with other drivers, so they could secretly change drivers, without the cart knowing.



Caterpillar

This game requires good communication and an open-mind. Communication because the team needs to decide where to put the hula hoop and which beanbag to pick. An open-mind because you need to be open to your teammates' ideas to succeed in this game.

One More Example

There is one kind of challenge where you need to get something across or around something without using some of your body parts. This kind of challenge requires an open mind to succeed in, because maybe the most crazy idea will work.....

How to Succeed in Adventure Challenge?

You need to trust your teammates, be open minded to their ideas, and communicate with them.

Trust: Trusting your teammates is really important. You can trust them to do the right thing, stick to your plan, and guide you the right way. Trusting your teammates will help reducing the nervousness when you are blind-folded. Trusting your teammates will also help you do better, instead of worrying about your teammates.

Open mind: Being open minded is not very easy. It is easy to be stubborn about some things. But being open minded will help you perform better, by listening to others' ideas.

Communication: Communicating with your team will help your team succeed. For example, if the challenge is to get something blind-folded inside the court, while your teammates gives you instructions outside of the court, your teammates need to communicate with you. You can do the same with others.

Central Idea

Solving team challenges requires

communication
trust
and an open mind



Share your ideas, listen to others



Believe in your teammates



Be open to others' ideas

